

THE BILTMORE SPA

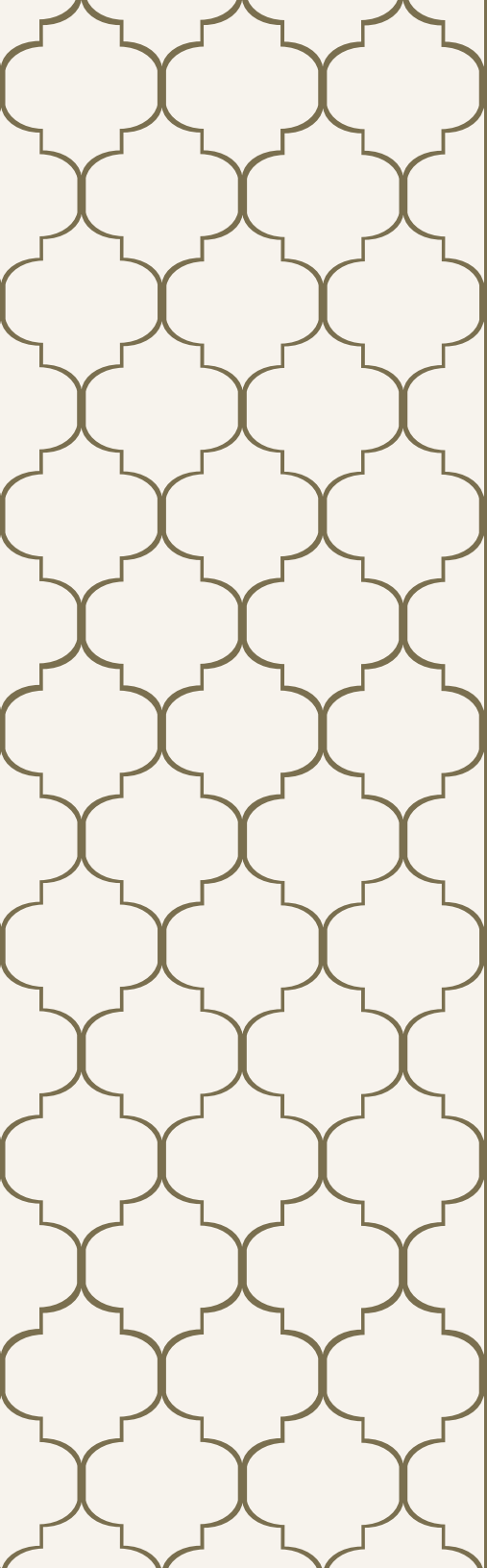


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TIME TO RESTORE,
TIME TO REPLENISH

SPA PHILOSOPHY

In today's fast-paced, externally-connected world, there are few places we can escape for physical and mental replenishment and relaxation. Yet our modern lifestyles call for wellness and balance more than ever. Allow us to be your sanctuary for personal peace and tranquility. Our talented team awaits you, whether you seek healing, innovation with result-oriented services or are simply in need of pampering and indulgence.

In the timeless setting of the historic Biltmore Hotel, we invite you to embrace a slower pace and give yourself time for rejuvenation of the mind and body.



HOW TO SPA

BOOK WITH CERTAINTY

We proudly offer an extensive selection of traditional and innovative services. Our Spa Concierge is pleased to make treatment recommendations based on your personal needs and interests. This is also a good time to share any health concerns and conditions such as pregnancy or recent medical procedures.

Once booked, that special time is reserved for you and is subject to a 24-hour cancellation policy. Should you need to cancel or reschedule, please do so 24-hours prior to your appointment to avoid full service charge.

ARRIVE EARLY

Get the most out of your spa experience by arriving with plenty of time to enjoy the spa and fitness facilities. All spa guests are invited to enjoy the programming, as well as the spa facilities, including the Eucalyptus steam room and sauna, relaxation room and an assortment of refreshments at the spa amenity bar. We recommend arriving at least half an hour before your scheduled service. Late arrivals will limit the time of your treatment. In an effort to not delay the next guest, your treatment will end at its scheduled time.

SPA ATTIRE

Slip into a luxurious spa robe and spa slippers when you arrive. Our professionally trained team will ensure that privacy and conservative draping will be provided throughout your service. Please ask the Spa Concierge if you have questions about appropriate attire for services.

SPA TRANQUILITY

Our spa is a place of serenity for you to restore and replenish. For the enjoyment of all spa guests, cell phones and cameras are not permitted anywhere in the spa and we kindly ask that all guests keep conversations quiet.

PERSONALIZE YOUR EXPERIENCE

Talk to your spa provider about any specific treatment goals, physical sensitivities or medical concerns you may have so we may tailor an effective treatment for you. Your comfort and relaxation is of utmost concern to us to ensure a setting and service which deliver that to you. For your convenience, a 20% service charge will be added to all services and spa packages. Service charges are distributed to all service providers, concierges and spa attendants. Service charge is subject to change.

Our full menu of services and facilities are available to guests ages 18 and older.

GIFT CARDS

A Biltmore Gift Card is the perfect gift for any occasion. Available to purchase at the Spa or online.



TRADITIONAL MASSAGE THERAPIES

Signature Swedish Massage

Embrace a slower pace with our refined aroma therapy Swedish massage. Melt into a light pressure massage designed to alleviate stress from the mind and promotes body relaxation. Therapists use the appropriate blend of essential oils and rhythmic massage techniques to help you to release life's daily pressures.

50 minutes \$205 / \$210 Fri, Sat

80 minutes \$280 / \$290 Fri, Sat

Biltmore Balance Massage

This firm pressure massage is designed to combat the common ailments that we experience while traveling, or with daily physical activity. Our skilled therapists combine their healing techniques with the appropriate pressure to alleviate sore muscles and provide restoration catered to your needs.

50 minutes \$210 / \$220 Fri, Sat

80 minutes \$290 / \$300 Fri, Sat

Deep Vine Therapeutic Massage

Melt stress away in a dynamic full body massage that is directed toward specific areas of tension and imbalances. Isolated areas of concern are treated with stimulating deep tissue massage to relieve pain all the while reaping the benefits of our detoxifying and luxurious "wine therapy" massage oil.

50 minutes \$220 / \$230 Fri, Sat

80 minutes \$300 / \$310 Fri, Sat

Guests must be 18 or older to receive services. Pre-natal massage please refer to our Mom-to Be massage treatment on page 8.

SPECIALTY THERAPIES & RITUALS

Journey to Guavonia

Allow us to take you on a sensorial journey with this special ode to our founding father's rich land in which the Biltmore sits upon today. In the early 1900's George Merrick settled this land of Guavonia, appropriately named for the fruit of the farm. An excellent source of antioxidant vitamin c, this powerful anti-aging fruit boosts collagen production and nourishes and hydrates the skin. Combat the visible effects of skin aging and restore the appearance of a younger, more toned body with the decadent scent and effects of guava. This treatment begins with a raw cane sugar scrub followed by a luxurious Milk Bath Soak. A relaxing massage leaves you transported to another time, and leaves your skin shimmering with a healthy glow.

110 minutes \$340 / \$350 Fri, Sat

Focus-On Body Profile

This powerful sculpting treatment will help you to say hello to a smoother appearance. After consulting with your therapist on what areas you would like to target, you will enjoy a technology-assisted treatment to help improve product effectiveness. Targeted areas will be treated with fat-reducing ingredients and enhanced with sonophoresis and iontophoresis. While the area is wrapped, you will enjoy an additional nourishing massage. When done in a series, the effective combination of ingredients will assist in improving the appearance of a firmer, conditioned, smoother, suppler and toned-looking skin.

80 minutes \$290 / \$295 Fri, Sat

Mom-To-Be

Ease mental and physical stress with a prenatal full body massage using our pure virgin coconut oil that will simultaneously nourish your skin. Treat yourself to a full body ritual with our 80-minute option which includes a full body dry-brush that increases circulation and helps with the elimination of toxins. End with a coconut sugar foot scrub to hydrate and nourish aching feet. Must have passed the first trimester to receive this treatment.

50 minutes \$205 / \$210 Fri, Sat

80 minutes \$280 / \$290 Fri, Sat

Warm Lava Shell Massage

This idyllic treatment is indulging and pampering as it combines the warmth of the Lava Shells with deeply relaxing techniques using exotic coconut body oil from the Fiji islands. During the massage the shells are worked over achy sore areas of the body to ease away tension and de-stress.

50 minutes \$210 / \$220 Fri, Sat

80 minutes \$290 / \$300 Fri, Sat

SPECIALTY THERAPIES & RITUALS

Detox By the Seas

Dive into the healing properties of the sea with our detoxifying body ritual. Start with a full body exfoliation involving a silky scrub made with the finest ingredients the sea has to offer, followed by an intensive massage with a rich nourishing oil. This treatment features a thermal marine detox mud placed on your back muscles to draw out impurities and soothe pain.

80 minutes \$270 / \$280 Fri, Sat

Vineyard Elixir Ritual

Immerse yourself fully in the heart of the vineyards, the ultimate journey through the most beautiful climate dedicated to your beauty.

A luxurious break that reveals all secrets from the prestigious grape varieties of Burgundy, the Vines and Blackcurrant fusion A2OC complex promotes cellular oxygenation and improves cellular renewal as well as protecting the cells from external and premature aging. An oil-gel Grand Cru scrub to refine skin texture, a Chardonnay infused bath soak to escape your mind and a stimulating then relaxing massage with our rich and semi-dry texture elixir oil to awaken the body, will bring harmony and pleasure to the senses.

110 minutes \$360 / \$375 Fri, Sat



ENHANCEMENTS AND ENRICHMENTS TO ANY MASSAGE

(needs to be paired with a service)

Moroccanoil® Hair & Scalp Massage Add-on

This intensive customized scalp treatment will provide immediate tension release to the head as well as nourish your hair using our Moroccanoil® Intense hydrating mask. This mask is known for its deep conditioning that will help restore moisture and shine to your hair.

20 minutes \$50 / \$55 Fri, Sat

Shankara Floating Soles Add-on

Shankara floating feet add-on is for the individual with exhausted, dehydrated feet. It contains Ayurvedic red clay, peppermint essential oil, and sea salt scrub that exfoliate the soles of the feet removing tired epidermis and detoxing skin. We end the treatment by massaging your feet with our Shankara muscle release oil to alleviate foot aches and pain. This treatment will leave your feet feeling like your walking on cool peppermint clouds. Feet are left soothed and refreshed.

20 minutes \$50 / \$55 Fri, Sat

All About Feet Add-on

Complete devotion to your soles for relief, improved circulation, and pure pampering. This relaxing foot massage includes hot stone therapy and finished with steamy towels.

20 minutes \$50 / \$55 Fri, Sat

Enrich Your Spa Experience

Without the need for any additional time, choose from compelling offerings such as CBD oil upgrade and Hydrogel eye patches.

\$25 per selection



ADVANCED SKINCARE BY BABOR

Custom Cleansing Facial

Synergistically formulated with advanced age prevention ingredients, this advanced treatment deeply cleanses the skin and is designed to stimulate the anti-aging mechanisms to prevent visible signs of aging. The skin is left refreshed, radiant and younger-looking.

50 minutes \$195 / \$205 Fri, Sat

Men's Energizing Facial

Cleansing, clarifying and boosting energy will be the forefront of this facial. Customized to the needs of male skin and daily rituals, this treatment provides vitality and enhanced energy while soothing irritation from shaving and moisturizing the skin for long-lasting results.

50 minutes \$195 / \$205 Fri, Sat

Collagen Cryo-sculpt Therapy

DOCTOR BABOR CRYO-SCULPT facial combines the benefits of cold therapy and sculpting Gua sha to help reduce puffiness, fatigue and firm & tighten skin's appearance.

After waking up the skin with our unique skin activator, a gentle but powerful triple exfoliation prepares skin to receive the potent collagen boosting formulas. The Cryo Gua Sha lymphatic drainage massage is followed by a firming mask that immediately reveals a radiant, refreshed, and more even complexion.

80 minutes \$255 / \$265 Fri, Sat

Skin Prescription Therapy

Experience a personalized skincare journey expertly curated by our skilled skin therapists, where every treatment is precisely tailored to target and resolve your specific skin concerns and challenges. This treatment combines Bio-medical high-performance cosmeceuticals with a luxurious facial experience to enhance skin functions at a cellular level. Every step is designed to address your unique needs, ensuring a customized approach for optimal results. Feel deeply relaxed experiencing not only rejuvenation, but also noticeable transformation in your skin.

80 minutes \$255 / \$265 Fri, Sat

Dr Babor TheraPRO Peel

This treatment is the latest innovation in non-invasive skin resurfacing with zero downtime for all skin types. A unique blend of AHA's and controlled pH value of the TheraPRO peels work from the inside out without inflammation. Targeting the most common skin concerns - uneven texture, enlarged pores, hyperpigmentation, or dull complexion. Signs of aging are immediately diminished, and the skin appears visibly more radiant and smoother.

80 minutes \$260 / \$270 Fri, Sat



ENVIRON FACIAL SKIN CARE TREATMENT

The Biltmore Spa is proud to introduce the Essential facial by Environ™. The Ionzyme DF II Machine cutting-edging edge process in enhancing the penetration of vitamins into the skin and been specifically designed for Environ™ skin care treatment. This treatment is totally painless, relaxing, and comfortable.

Environ Essential Custom

This luxurious treatment infuses targeted peptides that help soften the appearance of fine lines, sun-damage & sagging skin. After a thorough 3-step cleansing regimen and micro exfoliation with a combination of lactic and glycolic acid, you will be pampered with a luxurious hand, arm, neck and shoulders massage while a vitamin packed fresh water Alginate mask leaves you with a more youthful appearance.

80 minutes \$245 / \$255 Fri, Sat

IS Clinical

Innovative Skincare has developed scientifically advanced and clinically proven superior products by utilizing the most progressed technologies and ingredients.

Fire & Ice Facial

Experience the resurfacing and rejuvenation of the legendary Fire & Ice Facial. Designed for ALL skin types to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Often referred to as the "Red Carpet Facial", it has been the go-to treatment of celebrities and non-celebrities alike for its effective benefits. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, diminished look of blemishes, and improved appearance of fine lines and wrinkles – all with little to no downtime, and pregnancy safe.

50 minutes \$230 / \$240 Fri, Sat

Foaming Enzyme Treatment Facial

Enjoy the powerful, yet soothing Foaming Enzyme Treatment Facial that features active foaming agents for light and effective exfoliation. This professional treatment combines papaya and pineapple enzymes with a potent, botanically derived Glycolic Acid to reveal a polished, more radiant complexion. The foaming masque is lightly massaged onto the skin while steam helps it to diffuse further. A light mist and hydrating serum are applied, followed by an intensive cooling masque. Good for all skin types, including acne, blemish-prone or sensitive, the Foaming Enzyme Treatment Facial will leave your skin clear and glowing for days.

50 minutes \$225 / \$235 Fri, Sat



ENHANCEMENTS AND ENRICHMENTS TO ANY FACIAL

(needs to be paired with a service)

Moroccanoil® Hair & Scalp Massage

This intensive customized scalp treatment will provide immediate tension release to the head as well as nourish your hair using our Moroccanoil® Intense hydrating mask. This mask is known for its deep conditioning that will help restore moisture and shine to your hair.

20 minutes \$50 / \$55 Fri, Sat

Microdermabrasion Add-On

Augment the results of your facial with a skin resurfacing treatment that gently polishes away the top layer of dead skin cells, while stimulating collagen growth, to reveal healthy new skin that looks and feels smoother. A remarkable result from a non-invasive treatment.

20 minutes \$65 / \$70 Fri, Sat

Facial Dermaplaning

Facial dermaplaning is a cosmetic procedure that involves manual exfoliation with a tailored device, to remove the epidermis (top layer of dead skin) and vellus hairs of your face. Your skin will increase its products absorption level and will reveal its soft a smooth complexion.

\$45

LED Light Therapy

Improve your facial with an LED session. Red Light stimulates the collagen and fibroblasts production to support your anti-aging routine, also recommended for pre & post-surgery to increase wounds healing process, while Blue Light helps to treat breakouts, dull skin tone and eliminate the bacteria responsible for acne.

20 minutes \$75

Enrich Your Spa Experience

Without the need for any additional time, choose from compelling offerings such as Hydrogel eye patches and Lip pout renewal treatment.

\$25 per selection







NAIL SERVICES

Coconut Infusion Manicure

Enjoy a healthy nail, cuticle and hand care treatment. Includes a creamy exfoliation and a nourishing hand massage with shea butter, avocado and jojoba oil cream. Finish with the perfect polish application.

40 minutes \$50 / \$55 Fri, Sat

Coconut Infusion Pedicure

This signature pedicure pampers the most overworked soles. A foot soak refreshes the senses, an exfoliation stimulates circulation and a moisturizing treatment indulges your feet into complete health and softness. A perfect application of your favorite polish completes this spa treat.

50 minutes \$65 / \$70 Fri, Sat

Men's Hand Care

A manicure especially tailored for men's hands. It will begin with a warm soak followed by a special attention to the nails and the cuticles. The treatment will continue with an exfoliation and a relaxing hand massage. To finish, different options are offered such as a coat of clear or matte top coat or a buffing for a clean natural look.

30 minutes \$45 / \$50 Fri, Sat

Men's Foot Care

A pedicure especially tailored for men's feet. It will begin with a warm bath soak followed by a special attention to the nails trimming, cuticles cutting and calluses removal. The treatment will continue with an exfoliation and a relaxing foot massage. To finish, different options are offered such as a coat of clear or matte top coat or a buffing for a clean natural look.

50 minutes \$60 / \$65 Fri, Sat

Guavonia Manicure

This luxurious grooming for hands and nails begins with a warm shoulder wrap followed by a guava-infused raw cane sugar scrub to soften and protect the skin. Heated stones are used for a relaxing hand and arm massage, and a soothing warm paraffin treatment seals in moisture, before the application of your favorite polish.

50 minutes \$70 / \$75 Fri, Sat

Guavonia Pedicure

Begin this aromatic slice of heaven with a warm shoulder wrap to relieve tension followed by a guava infused raw cane sugar scrub to soften and protect the skin. Enjoy a relaxing foot massage with heated stones and guava hydrating lotion, rich in nutrients and vitamins, and renowned for its anti-aging properties. This blissful journey for the feet concludes with a deeply conditioning paraffin treatment and a perfect application of polish. This pedicure experience is not to be missed.

70 minutes \$95 / \$100 Fri, Sat

Ayurvedic Manicure

Release hands' tensions with these tailored organic ingredients inspired from the Indian medicine. Start with a warm bath soak, followed by the invigorating Dead Sea salt scrub to continue with a relaxing massage using Shankara muscle release oil and a Kansa Wand. To conclude, a hand paraffin treatment will nourish and help infusing the anti-inflammatory plants blend through the palms of your hands for a complete relief. Includes the application of your favorite nail polish.

50 minutes \$70 / \$75 Fri, Sat

Ayurvedic Pedicure

Indulge your lower legs and feet with this designed tensions' reliever treatment. Soak into the Shankara muscle relief bath salt, followed by the 2-in-1 menthol infused mask & scrub to conclude with a relaxing massage with Shankara muscle release oil and a Kansa Wand. In addition, a foot paraffin treatment will nourish and help with infusing the anti-inflammatory plants blend, through the soles of your feet for a "walking-on-a-cloud" sensation. Includes the application of your favorite nail polish.

70 minutes \$95 / \$100 Fri, Sat



NAIL SERVICES

Gel Manicure

SHELLAC® brand 14+ day nail color is a true innovation in chip-free, extended-wear color! SHELLAC® Brand goes on like polish, wears like gel, and can be gently removed in minutes with no nail damage*. Dry time is reduced to zero, and the mirror-like finish resists chips, nicks, and smudges. Nails are strengthened and enhanced with 14-days of durable color.

Minimum age 16

50 minutes \$70 / \$75 Fri, Sat

Gel Pedicure

SHELLAC® brand 14+ day nail color is a true innovation in chip-free, extended-wear color! SHELLAC® Brand goes on like polish, wears like gel, and can be gently removed in minutes with no nail damage*. Dry time is reduced to zero, and the mirror-like finish resists chips, nicks, and smudges. Nails are strengthened and enhanced with 14-days of durable color. Minimum age 16.

70 minutes \$90 / \$95 Fri, Sat

Express Manicure & Pedicure

We begin with trimming the cuticles, shaping the nail and finish with your choice of polish.

Express Manicure 30 minutes \$40 / \$45 Fri, Sat

Express Pedicure 30 minutes \$45 / \$50 Fri, Sat

Add-ons/ Upgrades

Shellac Gel Removal \$15

Shellac Gel Removal Alone \$25

Shellac Gel Upgrade 20 minutes \$25

Paraffin Treatment 20 minutes \$35

French Polish Add-On 10 minutes \$10



HAIR SERVICES

Our talented team of hairstylists proudly features the exclusive professional hair care and styling products from Kérastase Paris. Since 1964, Kérastase technology is distinguished by unique formulas with powerful active ingredients, high-tech molecular complexes and sensational textures inspired by the quest for beautiful hair.

Blow Dry - Starts at \$60

Cut - No Style Starts at \$65

Cut and Style - Starts at \$115

Gentlemen's cut - \$45

Hair Creations - Starts at \$125

Color - Starts at \$80

Color Correction - Starts at \$160

Highlights/Lowlights - Starts at \$180

Balayage - Starts at \$200

Toner/Gloss - Starts at \$60

Kerastase Hair Treatment - Starts at \$45

MAKEUP SERVICES

Featuring high-quality makeup that unites color with performance skincare, we offer a collection of makeup to suit all skin types, ages and occasions. Our talented makeup artists will present a palette of products to deliver the design you desire. Utilizing innovative techniques and revolutionary ingredients, we help design your personalized makeup creation.

Makeup and Special Event Creations

Creations are a joint masterpiece between you and our makeup artist, whether you are desiring a dramatic look for that special event or a picture-perfect presentation for that memorable occasion. We look forward to co-creating your beautiful look.

Special Event Makeup 50 minutes \$150

Faux Lashes 10 minutes \$35 (add on only)

Beautifying Makeup 30 minutes \$100

Bridal Makeup 90 minutes \$350

Makeup Trial 70 minutes \$190

Advanced Pro Makeup 60 minutes \$250



BROWS, LASHES & WAXING

Lashes & Brows

Eyelash Tinting \$35

Eyelash Lift \$75

Eyelash Lift and Tint \$105

Brow Tinting \$30

Waxing

Effective and suitable for men and women, our talented skincare professionals offer face and body waxing for smooth, hair-free skin.

Brow Waxing \$35

Full Face \$65

Lip or Chin or Sideburns or Forehead or Nose/Ear \$25

Underarm \$35

Arm Half \$50 / Full \$80

Leg Half \$65 / Full \$105

Back or Chest \$75

Bikini \$55

IV THERAPY TREATMENTS

Revive your mind, body and soul with nine (9) of the latest IV therapy treatments formulated to target different needs. Whether you need to BOOST hydration, energy or your immune system, ENHANCE your mental focus, overall beauty or weight loss routines, RECOVER or prevent a hangover, or AMPLIFY your experience by targeting to boost and enhance at the same time, we offer a variety of safe, nurse administered IV treatments. Advance reservations are required, based on availability.

Reservations by phone only. 305.913.3187

Hydration

Includes a blend of IV fluids and electrolytes to help you feel hydrated and fully replenished.

\$195

Energy

Feeling tired? This drip includes a blend of IV fluids, electrolytes, vitamins, and amino acids to boost your energy levels so you can get up and go.

\$245



Pre-Party

Includes a blend of IV fluids, electrolytes, vitamins, and minerals to help fully enjoy the next day by avoiding a hangover. Start the party with a pre-party IV treatment.

\$275

Hangover

Includes 1000mL (1 liter) of IV fluids, electrolytes, vitamins, minerals, and nausea medicine to cure your hangover symptoms and help you feel yourself again.

\$275

Immune

Includes a blend of IV fluids, electrolytes, multivitamins, vitamin c, and zinc to help strengthen your immune system and start making you feel better again.

\$295

Focus

Includes IV fluids, electrolytes, vitamins, amino acids, and L-Taurine specifically formulated for natural energy and focus to get you mentally and physically ready to accomplish your goals. Skip the sugar and artificial flavoring of sports and energy drinks that your body doesn't want or need and get focused.

\$295

Beauty

Includes a blend of IV fluids, electrolytes, multi-vitamins, vitamin c and biotin to help get your hair, nails, and skin radiant, strong, and healthy. Use for a special event or implement it into your beauty regimen.

\$310

Weight Loss

Includes a blend of IV fluids, electrolytes, vitamins, minerals, and L-Carnitine to help transition your body to breaking down fat for energy and decreasing body fat. Give your weight loss program a boost.

\$310

Liquid Max

Liquid IV Therapy's premium house blend! Includes a blend of IV fluids, electrolytes, vitamins, minerals, along with biotin, zinc, glutamine, and glutathione to help you feel as good on the inside and as you look on the outside. Helping you hydrate and boost your immune while benefiting from our beauty and weight loss treatments as well. Get the max with Liquid Max!

\$340



SPA PACKAGES

The Biltmore Spa is proud to offer spa packages where you can replenish, relax, and restore your mind and body.

A New Woman \$455

Signature Swedish Massage (50 minutes)

Custom Cleansing Facial (50 minutes)

Express Mani & Pedi (60 minutes)

A New Man \$440

Deep Vine Therapeutic Massage (50 minutes) + 20 minutes add on All About Feet

Men's Energizing Facial (50 minutes)

I'm So Loved \$650

Signature Swedish Massage (80 minutes)

Environ Essential Skin Care Treatment (80 minutes)

Guavonia Manicure (50 minutes)

Guavonia Pedicure (70 minutes)

WEDDINGS

The Biltmore is renowned for majestic wedding celebrations and has therefore been the honored home to brides for many years. At the Spa, we are equally honored to be part of your wedding celebration. Our relaxing setting, extensive selection of spa and salon services, along with our warm and talented spa professionals, provide the right peace of mind for you. Any nervousness you may have felt will vanish and be replaced with a sense of calm as we work with you to enhance your natural beauty.

Inquire about our Wedding Spa Services and Consultations.





THE BILTMORE SPA

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