

# SUCCO

THE JUICE BAR AT THE BILTMORE

## SMOOTHIES (16 oz) \$8.50

### **Biltmore Smoothie (268/208 cal.)**

Almond or Skim Milk, Spinach,  
Strawberries, Blueberries, Vanilla Protein, Cinnamon, Cayenne

### **Chocolate Power (449/389 cal.)**

Almond or Skim Milk, Bananas, Peanut Butter, Chocolate  
Protein

### **Vanilla Power (449/389 cal.)**

Almond or Skim Milk, Bananas, Peanut Butter, Vanilla Protein

### **Berry Yummy (395/235 cal.)**

Almond or Skim Milk, Bananas, Blueberries, Raspberries  
Strawberries, Vanilla Protein

### **Tropical Smoothie (286/226 cal.)**

Almond or Skim Milk, Bananas, Pineapples, Mangos  
Vanilla Protein

### **Bananas Foster (242/182 cal.)**

Almond or Skim Milk, Bananas, Vanilla Protein  
Extra Cinnamon

### **Peanut Butter & Jelly (443/383 cal.)**

Almond or Skim Milk, Peanut Butter, Strawberries  
Blueberries, Vanilla Protein

### **Chocolate Strawberries (236/176 cal.)**

Almond or Skim Milk, Strawberries, Chocolate Protein  
Cinnamon

### **Low-Carb Breakfast (149 cal.)**

Low Fat Vanilla Whey Protein, Strawberries, Purified Water

### **Biltmore Power (449/389 cal.)**

Peanut Butter, Oatmeal, Banana, Sugar-free Chocolate Syrup  
Chocolate Protein

### **Raspberry Glee (255/189 cal.)**

Raspberry, Banana, Vanilla Protein

### **Biltmore Bliss (248 cal.)**

Pineapple, Coconut, Orange Juice, Vanilla Protein

### **Banana Split (449/389 cal.)**

Banana, Sugar-free Chocolate Syrup, Chocolate Protein

### **Build Your Own**

#### **BASE (CHOOSE ONE)**

Skim Milk (90), Almond Milk (30), Water

#### **INGREDIENTS (CHOOSE THREE)**

Strawberries, Blueberries, Raspberries, Banana, Pineapple  
Mango, Spinach, Peanut Butter

#### **PROTEIN (CHOOSE ONE)**

Chocolate Whey, Vanilla Whey (low-fat option)  
Vanilla Vegan Protein (Vegan)

**\*Extra Fruits \$1.00 each**

**\*Extra Protein \$2.00 per scoop**

### **Ginger Shot \$3.00**

Blend of fresh ginger and lime juice

\*Add a pinch of cayenne for an extra kick\*

## FRESH JUICES (12 oz) \$8.50

### **Alkalizer (207 cal.)**

Cucumbers, Carrots, Green Apples, Celery, Lime

### **Green Lemonade (158 cal.)**

Lettuce, Apples, Lemon, Ginger, Organic Agave Nectar

### **Apple Ginger Juice (151 cal.)**

Apples, Ginger, Lemon, Cinnamon

### **Beetle Juice (210 cal.)**

Beets, Red Apple, Lemon, Pineapple, Mango

### **Cucumber Refresh (134 cal.)**

Cucumber, Apple, Celery, Orange

### **Build Your Own**

#### **INGREDIENTS (CHOOSE FIVE)**

Beets, Carrots, Celery, Cucumber, Cinnamon, Ginger, Green Apple  
Red Apple, Lemon, Lime, Spinach, Oranges, Agave Nectar

\*Extra Fruits and Vegetables \$1.00 each

OPEN DAILY FROM 7:00AM TO 1:00PM